



Teachings Around the Sacred Wheel: Finding the Soul of the Dreamtime

By Lynn V Andrews

Penguin Putnam Inc. Paperback / softback. Book Condition: new. BRAND NEW, Teachings Around the Sacred Wheel: Finding the Soul of the Dreamtime, Lynn V Andrews, For the first time millions of Lynn Andrews's readers can participate directly in a vision quest for enlightenment and personal power. Here the bestselling author of the "Medicine Woman, Jaguar Woman, " and "Crystal Woman" takes her readers on a journey around the sacred wheel and helps them tap their own Shamanic power. Based on her popular books and workshops, this powerful workbook facilitates shamanic initiation into the Dreamtime. Andrews provides helpful explanations and easy-to-follow visualization exercises for traveling the inner paths to the four points of the sacred wheel. Readers will discover their own special Power Animal, energize within a circle of crystals, seek self-knowledge through mirroring, and make a visionary mountain ascent. Exercises unlock a unique visualization process that blends controlled traveling in the Dreamtime with specific physical postures that help initiate "a journey to discover one's own enlightenment and to help heal our mother earth."



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Enter the Dreamtime with her, where she emerges in medieval England as Catherine, and encounters the Grandmother, who offers to show Andrews how to make her life one of goodness, power, adventure, and love (The Woman of Wyrdd). Not all these stories describe the author's own spiritual experiences. Meet Sin Coraz n, an initiate into the Sisterhood, whose husband abandons her. She nearly succumbs to her inner dark power and unleashes her rage on men and the Sisterhood (Dark Sister).  A preeminent teacher in the field of personal development and spirituality, she is the founder of the Lynn Andrews Center for Sacred Arts and Training. show more.

Rating details. 89 ratings. 4.13 out of 5 stars. 5 42% (37). 4 35% (31). Description. Finding the soul of the dreamtime meditations, affirmations, and exercises for empowerment and healing by Lynn V Andrews. Show more. Sponsored Advertisements. Take steps to make your Kijiji transactions as secure as possible by following our suggested safety tips. Read our Safety Tips. Kijiji. About. Careers. Take a journey around the sacred wheel and tap your own shamanic power. Facilitate shamanic initiation into the Dreamtime. Teachings Around the Sacred Wheel: Finding the Soul of the Dreamtime. Free eBook Teachings Around the Sacred Wheel: Finding the Soul of the Dreamtime by Lynn V. Andrews across multiple file-formats including EPUB, DOC, and PDF. PDF: Teachings Around the Sacred Wheel: Finding the Soul of the Dreamtime ePub: Teachings Around the Sacred Wheel: Finding the Soul of the Dreamtime Doc: Teachings Around the Sacred Wheel: Finding the Soul of the Dreamtime Follow these steps to e Lynn V. Andrews takes the reader with her as she goes on inward journeys with the help of the Sisterhood of the Shields, and relates the stories of others. Join her Free shipping over \$10.  An illustrated workbook to initiate readers to the medicine wheel, taking the reader on a shamanic journey to its four points. It guides the reader through a kind of imaging, combining controlled daydreaming with specific physical postures. Edition Details. Format:Paperback.