

"We need a new 'language' to break the silence and reverse the negativity. We need a fresh theology that explains how the Christian sexual ethic—far from being the prudish list of prohibitions it's often assumed to be—corresponds perfectly with the deepest yearnings of our hearts for love and union." John Paul II taught that "[a] return to God's original plan for the union of the sexes is the only adequate starting point for building a culture that respects the meaning and dignity of human life." The pope's approach reveals what it is to be human, reveals the way that brings true happiness.

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About the Author

Christopher West is widely recognized for his work popularizing John Paul II's theology of the body. His books (*Good News About Sex & Marriage* and *Theology of the Body Explained*), extensive lecturing, and numerous tapes have sparked an international groundswell of interest in the subject. Christopher teaches the theology of the body at St. John Vianney Seminary in Denver, the Institute of Priestly Formation in Omaha, and at the John Paul 11 Institute for Marriage and Family in Melbourne, Australia. He and his wife Wendy live in Pennsylvania with their three children.

Paladin Small Group Association
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Join us in searching out the truth about love and sex by studying this great book, by reflecting on it and discussing it with fellow Catholics in a frank, safe, and comfortable environment.

Remember, the discussions are not so much about the sex act as about the complete and unconditional giving of oneself to another. We are really talking about loving as God loves.



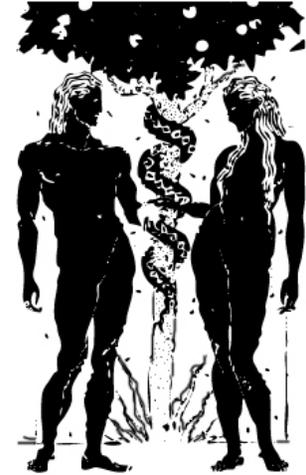
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Theology of the Body for Beginners

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A Basic Introduction
to John Paul II's
Sexual Revolution



by Christopher West

Broken families, abortion, AIDS, Internet pornography, clergy abuse, homosexual "Marriage" — our Church and world is in the midst of a profound sexual crisis.

Is there a way out?

For such a time as this have we been given Pope John Paul II and his "Theology of the Body." Based on the words of Jesus, John Paul II's reflections on the body and sex take us to the root of the modern crisis and chart the path to an authentic sexual liberation.

Yet the Pope's profound scholarship often intimidates the average person.

In his previous book, ***Theology of the Body Explained***, Christopher West offered a more detailed, five-hundred-page commentary on John Paul II's theology of the body. Here, he provides a short and popular summary of the Pope's revolutionary teaching.

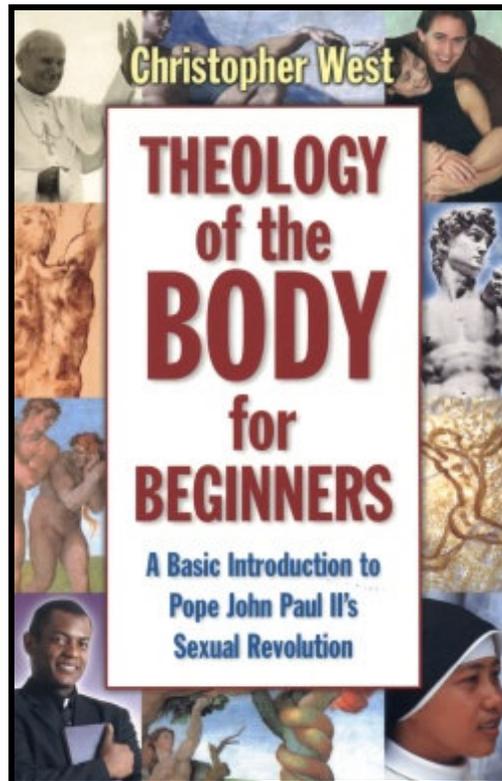
Theology of the Body for Beginners explores the profound interconnections between sex and the deepest questions of human existence, including:

- ✝ What is the meaning of life?
- ✝ Why did God create us male and female?
- ✝ How do we attain true happiness on earth?
- ✝ What kind of joys await us in heaven?
- ✝ Why is there evil in the world and how do we overcome it?
- ✝ How can we experience the love we long for in the depth of our hearts?

Yes, those are *the* questions of life, but check out these:

- ✝ What is the real difference between love and lust? Can a man lust after his own wife?

- ✝ Why is renewal of the Church (and society) dependent on the renewal of marriage and the family?
- ✝ How can following all the Church's rules become natural and attractive to us? Why isn't it already?
- ✝ Is the sexual revolution really to blame for so many of our current problems? What enabled the sexual revolution to happen?
- ✝ What will Pope John Paul II's sexual revolution look like?



Check out the eight chapters of *Theology of the Body for Beginners*:

- ✝ What is the Theology of the Body?
- ✝ Before the Fig Leaves: God's Original Plan for the Body and Sex
- ✝ The Entrance of the Fig Leaves: The Effects of Sin and the Redemption of Sexuality
- ✝ Beyond the Fig Leaves: The Resurrection of the Body
- ✝ Christian Celibacy: A Marriage Made in Heaven
- ✝ Christian Marriage: Imaging Christ's Union with the Church
- ✝ Theology of the Bedroom: A Liberating Sexual Morality
- ✝ Sharing the Theology of the Body in a "New Evangelization"

And the discussion questions will help the truth sink into your mind and your heart!

- ✝ Questions are meant to connect our lives and faith
- ✝ Questions are designed to encourage sharing and reflection
- ✝ Questions emphasize the value of our experiences, thoughts, and feelings—our lives

There's been a lot of buzz about Pope John Paul II's "theology of the body," but the original body of writings is daunting for even those with a scholarly bent. Christopher West "translated" those writings into a far more approachable format with his book *Theology of the Body Explained*. However, even that book is 500 pages long. Recognizing that the vast majority of those interested in the topic might be put off by a tome of that size, West condensed it down into a very manageable 150-page book "for beginners" and 20 of those pages are glossary and notes.

What is Theology of the Body? The meaning of our bodies and of sexual desire. It answers the questions, "Who am I? What is my purpose in life?" Explain this quote or in other words explain 'Sacramentality of the Body': "The body and it alone is capable of making visible what is invisible: the spiritual and the divine. It was created to transfer into the visible reality of the world the mystery hidden since time immemorial of God, and thus be a sign of it". The Sacramentality of the Body is the inherent ability of the body to act as a visible sign of God's inv

To ask other readers questions about *Theology of the Body for Beginners*, please sign up. Be the first to ask a question about *Theology of the Body for Beginners*. Lists with *This Book*. Books to read BEFORE marriage. John Paul II's *Theology of the Body* provides great hope for this urgently needed renewal within the Church. When we view the Gospel message through the interpretive key of man and woman's call to communion, not only does the Gospel message take on flesh, but even the most controversial teachings of the Church—contraception, divorce and remarriage, homosexuality, an all-male priesthood, etc.—begin to make beautiful sense. (p. 125). Great introduction to the theology of the body. The first chapter is especially engaging. This is an easy read, presumably much easier than West's 500 page commentary on the TOTB. This was a clearly written review of John Paul's *Theology of the Body*. It is a profound enlightening of how our bodies need to be looked at very, very differently in a world that has trashed its sanctity. Every one of God's creatures needs to read this book.

Only RUB 220.84/month. Theology of the Body Chapters 1-4. STUDY. Flashcards. A study of God and the purpose of our existence, as discovered and revealed through our bodies. What was the goal of John Paul II in his teaching of the Theology of the Body? To answer the questions: "Who am I? What is love? What is my purpose?" What do you think our society believes and teaches us about the meaning of our bodies? Our society today teaches us that our bodies are meant for sexual liberation and to use it as we please. Where in Scripture does it say that our bodies are very good? Against this backdrop, St. John Paul II's Theology of the Body appears as a bright light in the darkness. His writings go straight to the heart of what it means to be fully human—but they are often difficult for most of us to grasp easily. That's where Christopher West comes in. He covers the main points of this revolutionary teaching in a way that you can understand. You'll see desire—physical, emotional, and spiritual—in a whole new light! The first edition of this book was released in 2004 and instantly became an international bestseller. In this updated, revised, and expanded To ask other readers questions about Theology of the Body for Beginners, please sign up. Be the first to ask a question about Theology of the Body for Beginners. Lists with This Book. Books to read BEFORE marriage. John Paul II's Theology of the Body provides great hope for this urgently needed renewal within the Church. When we view the Gospel message through the interpretive key of man and woman's call to communion, not only does the Gospel message take on flesh, but even the most controversial teachings of the Church—contraception, divorce and remarriage, homosexuality, an all-male priesthood, etc.—begin to make beautiful sense. (p. 125). The first edition of Theology of the Body for Beginners (2004) quickly became an international best-seller. This freshly revised and expanded edition is based on Dr. Michael Waldstein's much improved translation of John Paul II's catechesis. New for this edition: — All quotations have been updated with the new translation — Key insights discovered through Dr. Waldstein's access to the John Paul II archives have been incorporated — The outline of the text has been substantially reorganized to reflect the newly discovered outline of St. John Paul II's original manuscript — St. John Paul II In his previous book, Theology of the Body Explained, Christopher West offered a more detailed, six-hundred-page commentary on St. John Paul II's Theology of the Body. Here, he provides a short and popular summary of the saint's revolutionary teaching while answering big questions like: What is the meaning of life? How can we experience the love we long for in the depth of our hearts? The first edition of Theology of the Body for Beginners (2004) quickly became an international best-seller. This freshly revised and expanded edition is based on Dr. Michael Waldstein's much improved translation of St. John Paul II's catechesis. New for this edition: All quotations have been updated with the new translation.

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